



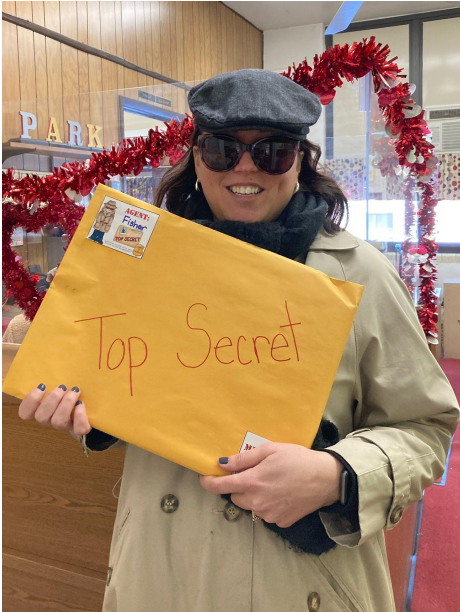
A cartoon illustration of a school counselor. The counselor is a woman with blonde hair in a bun, wearing a blue blazer, pink pants, and red shoes. She is holding a coffee cup in her right hand and a stack of yellow folders in her left. She is standing next to a whiteboard that has the text "Meet Your SCHOOL COUNSELOR" on it. The word "Meet" is in black, "Your" is in black, "SCHOOL" is in blue and pink, and "COUNSELOR" is in blue and pink. The background is a light blue wall with white polka dots. To the left of the whiteboard is a pink lamp and a potted plant with green leaves. On the floor is a circular rug with a pink center and a blue border.

Meet Your SCHOOL COUNSELOR

Meet SCHOOL COUNSELOR



Your



Kindness week!
Secret Agent

hello MY NAME IS

Erika Barnett

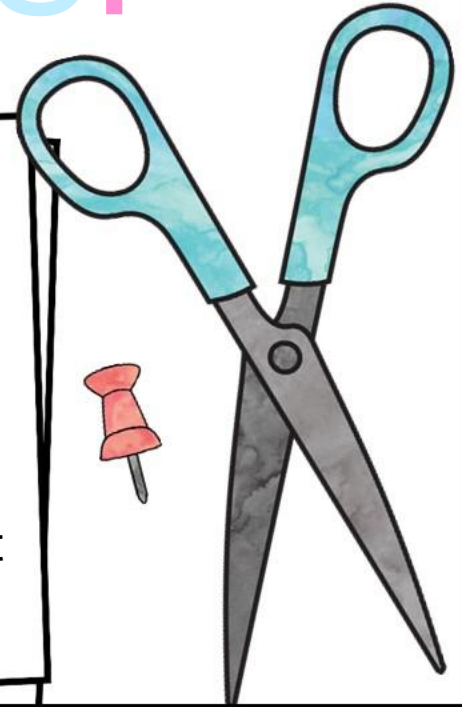
I am so excited to start my 12th year as a school counselor. This is my 3rd year in Chardon Schools. I love teaching counseling lessons, running groups, and meeting with students one-on-one. I can't wait to get to know you!

Let's Be FRIENDS!



My Family

I am excited to be your school counselor again this year! I enjoy spending time with my husband and two boys. My favorite food is tacos. Mmm.. I recently got a bike and enjoy riding outside with my family. We love shopping at Target and drinking Dunkin



My Favorite Place



My College



Let's Chat!



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What is a SCHOOL COUNSELOR?

A school counselor is a highly trained educator and mental health professional that supports students' academic, personal-social, and career development. School counselors collaborate with stakeholders to implement responsive, preventative services that meet the needs of ALL students and ensure that they reach their highest potential. School counselors help make school communities a safe and respectful place to learn and grow.



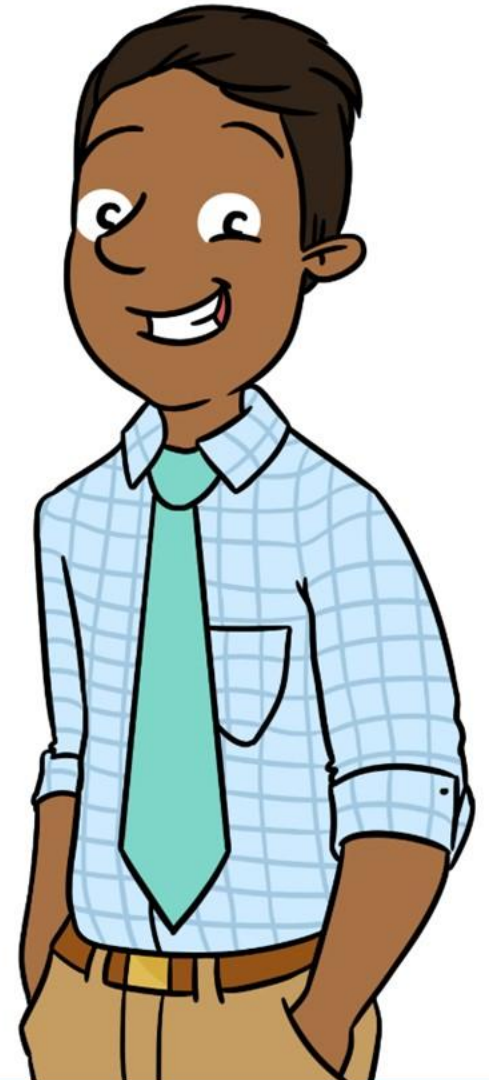
Which Services Do School COUNSELORS PROVIDE?

- Individual counseling
- Small group counseling
- Crisis counseling
- Classroom guidance lessons
- Consultation with stakeholders
- Special event planning



Is it Guidance Counselor? Or SCHOOL COUNSELOR?

- **THEN:** In the past, we used the term “Guidance Counselor” because counselors “guided” students towards their college and career by providing letters of recommendation, sending out transcripts, etc.
- **NOW:** School counselors are highly trained mental health professionals that provide a preventative, comprehensive program that supports ALL students.



Do School Counselors PROVIDE THERAPY?

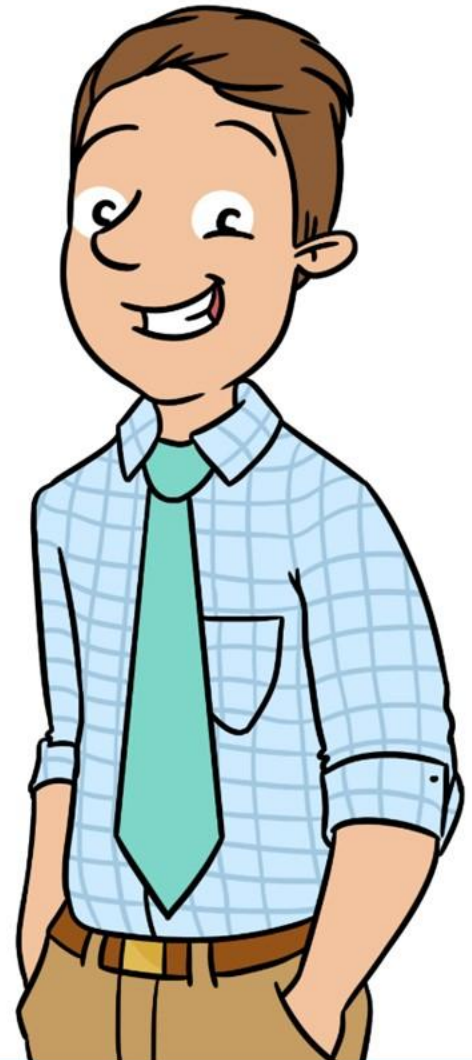
NO, we do not provide therapy. Although school counselors are highly trained, we are not able to diagnose or treat mental illness as a therapist would in a private practice or outside agency. If a student needs long-term, intensive services, school counselors can refer them to a therapist in the community who can help.



Is a School Counselor's Work

CONFIDENTIAL?

YES, school counselors respect students by keeping the information they share confidential. A critical step in building trust and rapport with students is making sure they know that we will respect their privacy. School counselors will share critical information with teachers, parents, and administrators on a “need to know” basis. If a student is hurting themselves or others, the school counselor will inform the appropriate stakeholders right away to ensure their safety.



How Do I Refer Students for COUNSELING SERVICES?

Park Elementary: Monday and
Thursday

Munson Elementary: Tuesday and
Friday

Chardon Early Learning Center:
Wednesday

Email:

erika.barnett@chardonschools.org

Also reach out to your child's
teacher



How can Your School Counselor

HELP YOU?

